## Operating Instructions ECLIPSE® APEKS ULTRA CHAIR

A few simple and easy adjustments will maximize your comfort and help you get the most from your purchase. Remember that altering your position (adjusting your chair) throughout the day will help to reduce fatigue and increase productivity.





## **Seat Height Adjustment (Right Side)**

Adjust seat height to allow your feet to rest flat on the floor to reduce pressure on the back of the thighs. This facilitates proper circulation to the lower extremities. To lower seat height lift this lever while seated in chair. To raise seat height lift weight off the chair while lifting lever. A foot rest may be necessary if worksurface is too high.

## **Tension Knob Adjustment**

This adjustment allows the user to change the chairs tension/resistance to the rock, counter clockwise for less resistance clockwise for more resistance. \*For use when Tilt Rock Lock (B) is in the unlocked position



## Tilt Rock Lock Adjustment (Left Side)

This adjustment allows the user to change the chair from a fixed upright position (Locked) to Tilt/Rocking position (Unlocked) the tilt rocking postion when in unlocked mode uses the tension knob adjustment (A) to set the resistance of the rock

